

Smart Snack^{ers}

*It Makes Sense to Choose
a Smart Snack!*



Vending

Choose snacks with the  symbol.

These snacks have:

- Less calories
- Lower sodium
- Less sugar
- Less fat
- No trans fat



Meetings

*Serve healthier snacks
like fruits and vegetables*

Include physical activity breaks



Fundraising

*Sell non-food items
Sell healthier snacks*

To learn more about Smart Snackers, contact _____ or visit www.lapublichealth.org/place

Smart Snackers is the County of Los Angeles Workplace Food Policy Campaign

